Marita Bergendahl

Marita Bergendahl is a senior consultant and partner at Sandholm Associates and has worked with change management and problem solving in a variety of roles over the past 20 years. In recent years, she has mostly been active in the Swedish Armed Forces, but has also conducted training and consultancy at KTH and Stockholm University. Previously, Bergendahl has been employed by AGA, Nynäs Petroleum, Mandator and Enator among others



companies. She has worked as a manager, change leader, organizational developer, trainer and advisor.

Bergendahl has a master of engineering from the Royal Institute of Technology, but has also undergone a four-year education at the Gestalt Academy with a focus on organizational psychology and leadership. She has been part of and founded the Swedish operations within the global change management organization ACMP and is a Six Sigma Black Belt. Bergendahl is a certified change manager according to Prosci. She also has extensive experience from process development and Lean.

Marita Bergendahl has solid experience in leading change and improvement work. She works on these issues on an individual, group and organizational level and is deeply involved in the development of both leadership and employee leadership in a variety of companies and organizations. Problem solving and process development in various forms is often a central part of many of the roles and in the projects she has led. Bergendahl also has extensive experience in IT strategy and IT management with good knowledge of requirements management, ITIL and management of large IT systems. Until recently she was a manager at the Swedish Armed Forces over a group that was responsible for the infrastructure, information- and IT security regarding overall management system. She also has a knowledgeable project manager with the habit of leading and developing people.

Bergendahl works as both educator and consultant. In her role as a consultant, she has extensive experience of acting in various roles from consultant and coach to interim manager. In the latter role, she has worked to help organizations in both private and public operations.